

# SEPTEMBER 2010 CALENDAR

<i>DATE</i>	<i>TIME</i>	<i>TOPIC</i>	<i>SPEAKER</i>	<i>COST</i>
<b>Saturdays</b> 4 <sup>th</sup> , 11 <sup>th</sup> , 18 <sup>th</sup> , & 25 <sup>th</sup>	11:30-13:30 hrs.	Fundamental Chakra Meditation	Raúl Gaitán	Free
<b>Sundays</b> 5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup> & 26 <sup>th</sup>	11:00-13:00 hrs.	Meditation, Healing & New Awareness in Action	Juan Carlos Vives Meditation's Friends	Free
<b>Friday 3<sup>rd</sup></b>	19:00 hrs.	Temazcal Spa at Night	Florencio Arrieta	\$455 R.S.V.P.
<b>Saturday 4<sup>th</sup></b>	09:30-11:00 hrs.	Meditational Course-Workshop: Know, Accept, Love & Heal YOURSELF	Emir Dupeyron	\$150
<b>Saturday 4<sup>th</sup></b>	16:30-18:30 hrs.	Between the pleasure of Eating and the need to nourish your whole body	Mercedes Cortina	Free
<b>Saturday 4<sup>th</sup></b>	17:00-19:00 hrs.	Chakras Healing with Reiki	Mastery of the Being Alma Jiménez & Edgar Arteaga	Free
<b>Wednesday 8<sup>th</sup></b>	9:30 -10:30 hrs.	New Moon Meditation	Emir Dupeyron	Free
<b>Wednesday 8<sup>th</sup></b>	12:30-13:15 hrs.	Temazcal	Florencio Arrieta	\$455 R.S.V.P.
<b>Friday 10<sup>th</sup></b>	19:00 hrs.	Temazcal Spa at Night	Florencio Arrieta	\$455 R.S.V.P.
<b>Saturday 11<sup>th</sup></b>	9:30-11:00 hrs.	Meditational Course-Workshop: Know, Accept, Love & Heal YOURSELF	Emir Dupeyron	\$150
<b>Saturday 11<sup>th</sup></b>	11:00-13:00 hrs.	The Being's Language through symptoms and illness	U. of Light Amaita	Free
<b>Saturday 11<sup>th</sup></b>	18:00-20:00 hrs.	The Spatial Weather, the Sun's Activity & their Effects on Planet Earth	Fernando Correa Astronomer TV Show "Tercer Milenio"	Free R.S.V.P.

<b>Wednesday 15<sup>th</sup></b>	21:00 hrs.	Bicentennial Party & Mexican Dinner	El Sol Restaurant	* R.S.V.P.
<b>Friday 17<sup>th</sup></b>	19:00 hrs.	Temazcal Spa at Night	Florencio Arrieta	\$455 R.S.V.P.
<b>Saturday 18<sup>th</sup></b>	9:30-11:00 hrs.	Meditational Course-Workshop: Know, Accept, Love & Heal YOURSELF	Emir Dupeyron	\$150
<b>Saturday 18<sup>th</sup></b>	11:00-13:00 hrs.	How to Love Yourself & Lose Weight Forever Conference	Armando Rekury, Author of the Book: "How to Love & Relate Yourself in a Healthy Way"	\$50 R.S.V.P.
<b>Saturday 18<sup>th</sup></b>	16:30-18:30 hrs.	The beginning of the road to regain health	Dr. Arlette Rothhirsch	Free
<b>Sunday 19<sup>th</sup></b>	9:00-13:00 hrs.	Meditation meeting for the World's Peace	Juan Carlos Vives	Free
<b>Thursday 23<sup>rd</sup></b>	9:30 -10:30 hrs.	Autumn's Equinox & Full Moon Special Meditation	Emir Dupeyron	Free
<b>Thursday 23<sup>rd</sup></b>	11:30-12:15 hrs.	Temazcal	Florencio Arrieta	\$455 R.S.V.P.
<b>Friday 24<sup>th</sup></b>	11:00-14:00 hrs.	"Know and Heal Yourself through your Illnesses" THEORETICAL-PRACTICAL COURSE Mod.VI	Armando Rekury, Author of the Book: "How to Love & Relate Yourself in a Healthy Way"	\$200
<b>Friday 24<sup>th</sup></b>	19:00 hrs.	Temazcal Spa at Night	Florencio Arrieta	\$455 R.S.V.P.
<b>Saturday 25<sup>th</sup></b>	9:30-11:00 hrs.	Meditational Course-Workshop: Know, Accept, Love & Heal YOURSELF	Emir Dupeyron	\$150
<b>Saturday 25<sup>th</sup></b>	11:00-13:00 hrs.	Dinamic Conference: "I Look at You & Find Myself"	The pleasure of growing	Free
<b>Saturday 25<sup>th</sup></b>	17:00-19:00 hrs.	Soundbreath Introductory Workshop: Work with breathing and the personalized use of the voice.	Patricia Edelen Powers	Free Limited to 8 people. R.S.V.P.
<b>Sunday 23<sup>rd</sup></b>	10:00-11:00 hrs.	Meditation with Archangel Michael	Mastery of the Being	Free

## **EVENTS REVIEW:**

**MEDITATIONAL  
COURSE-WORKSHOP:  
KNOW, ACCEPT, LOVE & HEAL YOURSELF  
SEPTEMBER'S SATURDAYS FROM 9:30 – 11:00 HRS  
EMIR DUPEYRON  
\$150 PER SESSION  
REQUIREMENTS: COMFORTABLE CLOTHES AND TENNIS SHOES.**

The mind is a great story-teller, illusion maker and creator of myths and fantasies. In this workshop you'll learn to identify and let go of mental patterns that keep you in an ignorance-suffering pattern.

You'll learn the Basic keys to achieve the Conjunction and Alignment of the Being, a balance between body, mind and spirit, achieving the calmness, clarity and freedom that you need.

You'll feel totally different taking life as a new challenge, having full awareness of your emotions, your body, from the here and now, using your mental power creatively to live in a more fluid, authentic, spontaneous and undaunted way, as well as in a welfare state achieving all your goals.

**BETWEEN THE PLEASURE OF EATING AND THE NEED TO NOURISH YOUR WHOLE BODY**

**INTERACTIVE CONFERENCE  
SATURDAY 4<sup>TH</sup> FROM 16:30 TO 18:30 HRS  
MERCEDES CORTINA VELARDE (nutrition, exercising & yoga)  
REQUIREMENTS: COMFORTABLE CLOTHING.**

Eating is not the same as to nourish, the basic elements for a good nutrition are at everyone's reach, creating habits instead of dieting is the key to good health and balance between body, mind and heart. In this health space we integrate the habit of creative nutrition, physical exercise, yoga and relaxation as a basic part of our lives. Your body will be grateful for that.

**CHAKRAS HEALING WITH REIKI  
SESSION  
SATURDAY 4<sup>TH</sup> FROM 17:00 TO 19:00 HRS  
MASTERY OF THE BEING**

During these times of changes we help you to keep your physical, mental-emotional & spiritual health. To generate harmony in your life receive a Chakras Healing with Reiki.

Reiki is Universal Energy, pure light, which through Love, Harmony and Healing generates welfare.

Chakras are energy centers located in you, by giving them Reiki, their emanation is aligned and it balances your Body, Soul and gives you Spiritual Growth.

- The healing takes 5 minutes per person.

**THE BEING'S LANGUAGE THROUGH SYMPTOMS AND ILLNESS  
DYNAMIC CONFERENCE  
SATURDAY 11<sup>TH</sup> FROM 11:00 – 13:00 HRS  
U. OF LIGHT AMAITA**

The body is a messenger; the symptom is a message... Being opened to receive it is to let us be guided by our inner being

It's useless to try to eradicate a symptom if we haven't reached its purpose. The symptom will migrate because the message has to be delivered.

Head aches that become gastritis, column aches that become disc hernias, insomnia that become arterial hypertension...

What for? To show us aspects from ourselves that we do not want to see, that we don't want to acknowledge, decisions we haven't taken, mental conflicts that we haven't been aware of... till when? Till you change the way you interpret the symptoms and give them the place they deserve...

***"Know yourself from THROUGH YOUR sicknesses and heal yourself"***

**THEORETICAL-PRACTICAL COURSE**

**MODULE IV**

***Heal sexual and pregnancy problems, bulimia, anorexia, insomnia, chronic fatigue, Alzheimer, overweight and addictions.***

**FRIDAY 16<sup>TH</sup> FROM 11:00 – 14:00 HRS**

**ARMANDO REKury**

**\$200**

Requirements: Notebook and comfortable clothing

\*Learn scientifically proved mental-emotional control techniques to heal permanently chronic diseases.

\*Clearly understand the methods that can heal your body, mind and emotions in a real way (tuned with quantum physics, Louis I. Hay, Deepak Chopra and Scatology teachings).

\*Discover what really causes each of your sicknesses and how to understand their message to improve your life mentally and spiritually.

**HOW TO LOVE YOURSELF & LOSE WEIGHT FOREVER  
CONFERENCE**

**SATURDAY 18<sup>TH</sup> FROM 11:00 – 13:00 HRS**

**ARMANDO REKury**

**\$50 R.S.V.P.**

Woman, to give has been beautiful; you do it great, but to forget about yourself to fulfill the wishes, demands and whims of everybody is the most harmful thing for your emotional and physical health.

Come to this conference and learn how to love yourself, understand how to nurture from life and love and not from those "love substitutes", find out how to set limits to give yourself your place in your family and to start blossoming as you deserve.

**\*Learn tips and teachings that will change your way to nurture, relate and treat yourself. Learn to be a fulfilled woman and mother, not a food, emotions, children, family or partner's slave.**

**“THE BEGINNING OF THE ROAD TO REGAIN HEALTH”  
INTERACTIVE WORKSHOP  
SATURDAY 18<sup>TH</sup> FROM 16:30 TO 18:30 HRS  
DR. ARLETTE ROTHHIRSCH**

*Health means to know who we are, what we are, what are we doing and to enjoy what we are and what we are doing.*

During this evening, we'll work with ourselves to understand what health is and what the fundamental steps to regain it are, or not to lose it. We will review some healing, purification and meditation systems to achieve personal welfare and, if possible, the welfare of the beings who are close to us.

- What is health?
- Who are we?
- Purification by element
- Meditation from the elements
- Health recovery symbolism interactive work

**"MEDITATION MEETING FOR THE WORLD'S PEACE 2010"  
SUNDAY 19<sup>TH</sup> FROM 9:00 TO 13:00 HRS  
JUAN CARLOS VIVES  
UNIVERSAL MEDITATION STUDIES CENTRE & MEDITATION'S FRIENDS**

All of the flows, lines, shapes, groups and friends of Meditation are specially INVITED to participate from your Good Will and in deep Communion for the World's Peace. Let's celebrate work on dynamics, talks and approaches to be "UNITED IN THE MEDITATION FOR THE WORLD'S PEACE"

Don't miss this Great Chance to Get Together for this Noble Mundial Cause.

**DYNAMIC CONFERENCE:  
“I LOOK AT YOU & FIND MYSELF”  
SATURDAY 25<sup>TH</sup> FROM 11:00 TO 13:00 HRS  
THE PLEASURE OF GROWING**

This conference's intent is to reflect upon the way in which we project what we are in our relationships. It's the gift of realizing that every time we share experiences with someone, we have a double chance: to meet people and to meet ourselves. The way how we interact with other people is the reflection of the relationship with ourselves.

**SOUNDBREATH INTRODUCTORY WORKSHOP:  
WORK WITH THE BREATHING AND THE PERSONALIZED USE OF THE VOICE.  
SATURDAY 25<sup>TH</sup> FROM 17:00 TO 19:00 HRS  
PATRICIA EDELEN  
Free. LIMITED TO 8 PEOPLE  
R.S.V.P.  
REQUIREMENTS: COMFORTABLE CLOTHING.**

You are invited to learn about SoundBreath. In this introductory workshop you'll be able to feel by yourself all of the benefits from a complete, continuous and diaphragmatic breathing. As the 90% of us, Occidental people have limited breathing patterns, while learning this self-healing technique will lead you to a sense of welfare that you won't be able to believe as possible in just an hour and a half. It will offer you benefits in a physical, emotional/mental and spiritual level. Physically you'll be able to detoxify and to strengthen your immune and respiratory system; emotionally/mentally you'll be able to let go of traumas from the past in a PERMANENT way. Spiritually you'll be able to access another levels of consciousness. Receive even more benefits. To Learn how to Breathe Can Transform your Life! Come join us!